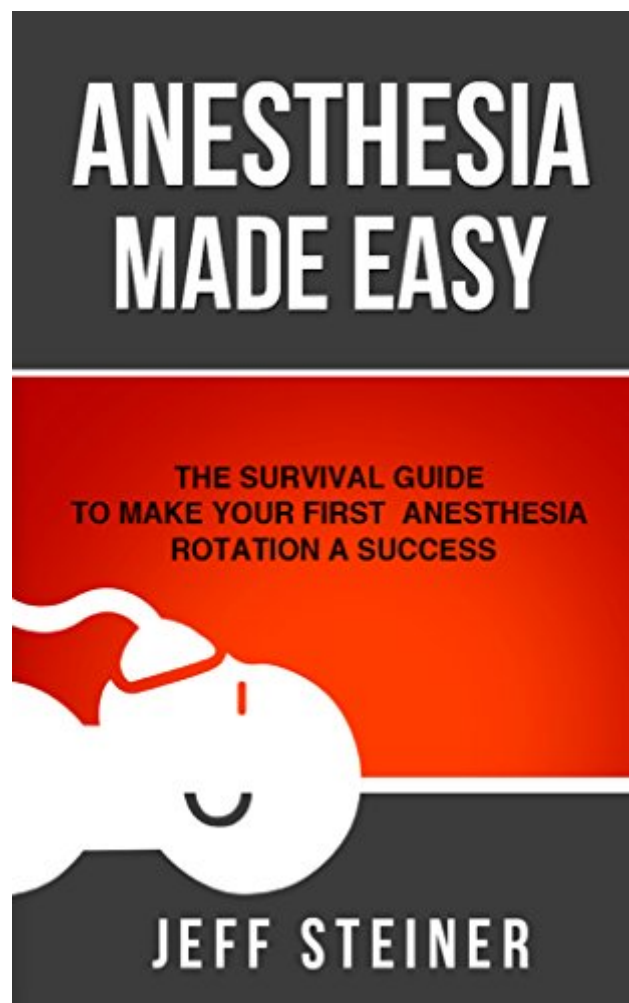




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# Anesthesia Made Easy: The Survival Guide To Make Your First Anesthesia Rotation A Success



## Synopsis

Why you need this book: Most introductory anesthesia books are too long and too complex. Where do you begin learning about anesthesia when the basic books are over 800 pages long and weigh four pounds? Even when you do read these books, how will you translate the information into something you can use in the operating room when you are first starting out? Welcome to *Anesthesia Made Easy*. I wrote this book to introduce you to anesthesiology. It is part education guide (to teach you the basics of anesthesia) and part survival guide (to teach you how to apply these basics while in the operating room). It includes the basics of anesthesia without getting too far into the weeds and also gives you a practical approach that will get you started moving in the right direction. New anesthesiology students struggle with which book to read and where to start. This book will give you not only a solid foundation upon which to start your career but also organize the information in such a way that you can actually use it. At under 200 pages, it is the one basic anesthesia book that you can reasonably read cover to cover quickly. If you are doing anesthesia observations or shadowing to see if anesthesia is a good fit for you, you should start with chapter 1, "How to Get the Most from Your Anesthesiology Observation." Then read chapter 4, "Anesthesiology Basic Concepts," and chapter 5, "Getting Around in the OR," to learn the culture of the OR—they will bring you a long way. If you are applying to AA or CRNA school, then read this book cover to cover before you interview. It will give you a working knowledge of the type of training you will receive. It may also help you in your interview process to give you answers to simple questions about anesthesia care. If you are an airway rotator, concentrate on chapter 19, "Airway Exam and Evaluation," chapter 7, "Basic Anesthesia Pharmacology: Medications," and chapter 24 "Adult Airway Management," chapter 25 "Pediatric Airway Management," and chapter 27 "Rapid Sequence Induction (RSI)." If you are on your first anesthesia rotation, start at the front of *Anesthesia Made Easy* and work your way through before you start your rotation. This book is meant to be a quick read. Bring the book with you to the operating room and take notes in the notes section. Praise for *Anesthesia Made Easy* "A concise review of the basic fundamentals of anesthesiology. Written in outline form, this book provides the essentials for anyone interested in anesthesiology. I would highly recommend for medical students, beginning anesthesia residents, AAs and CRNAs." Eugene Chung, D.O. - CA-1 Resident "Providing an introductory approach on a topic as broad and in depth as anesthesia is nearly impossible, and therefore many novices find themselves up to their elbows in thousand page textbooks not knowing where to start. Dr Steiner has successfully compiled a basic guide that provides a starting point for providers just beginning their journey into the world of anesthesia." Ryan A Sexton, RN, MSN, CRNA

- Practicing CRNA "A great book for medical students and residents looking to get the most out of their anesthesia rotation! It provides useful information on airways, common anesthetic medications, and basic anesthesia theory. It also gives a small glimpse into the OR from the unique perspective of the anesthesiologist." •Amy P. Woods, M.D. - Faculty Anesthesiologist  
Looking for more information about anesthesiology? Check out [AnesthesiaMadeEasy.com/AMZ](http://AnesthesiaMadeEasy.com/AMZ) and see what we have to offer.

## Book Information

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## Customer Reviews

Concise and readable, this is an excellent resource for someone who is just beginning their adventure in anesthesia and doesn't want to feel completely lost in the operating room. Intentionally not as in depth as the more definitive anesthesia texts, this book is a nice overview to lay a groundwork and then you can delve deeper into the bigger texts once you have your feet under you. Dr. Steiner was previously a paramedic, so this book is written in a very practical "what do I need to know now and why" point of view that does a good job covering most of the basics without putting you to sleep (pun intended)

Every single person rotating on anesthesia should read this book before they begin - whether you're a medical student, anesthesia assistant, SRNA, rotating resident or even a budding anesthesia resident. It is a quick, easy read that can be done in 1-2 days. My program director bought us this book as we do a 5-month rotation on anesthesia -- all I can say is that I wish I had it on day 1. It reviews some of the basic physiology and pharmacology involved in anesthesia, but more importantly it covers the various methods and materials that you will see in clinical anesthesia. Starting an anesthesia rotation is unlike any other type of rotation - there is much to learn and it comes at you fast. This book will prepare you for your first week so that you are not entirely clueless and can progress with your anesthesia education much faster. This book can make you look like an anesthesia superstar from day 1!

Excellent introductory text in anesthesiology. I highly recommend reading this book if you're a 3rd or 4th year med student interested in doing anesthesia and it's a must read if you're about to do an audition rotation at an anesthesia residency program. You'll look like an all star if you take the 90 minutes to read this book! Baby Miller is also a must-have but it's way too dense to get through quickly and it isn't very useful without any clinical experience. Dr. Steiner's book does an excellent job filling the gap between step 2 level knowledge and residency-required baby Miller.

Fantastic book. Excellent source for someone beginning their anesthesiology career. I think it is a must have text for anyone who is beginning a medical school clerkship. I am a CA1 and wish I had this during my medical school rotations!

Excellent introduction to anesthesia topics. Easy read. Highly recommend.

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